



Name: \_\_\_\_\_ Date: \_\_\_\_\_

**SELF – HEALTH HISTORY / ROS**

Primary Care Physician: \_\_\_\_\_ Clinic: \_\_\_\_\_

**Constitutional Symptoms**

Developmental Disability..... No Yes  
 Recent Weight Change..... No Yes  
 Fever..... No Yes  
 Fatigue..... No Yes  
 Shortness of Breath..... No Yes  
 Cancer..... No Yes  
 Onset Date: \_\_\_\_\_  
 Comment: \_\_\_\_\_

**Ears/Nose/Mouth/Throat**

Chronic Sinus Problems..... No Yes  
 Hearing Loss..... No Yes  
 Dry Mouth..... No Yes  
 Laryngitis..... No Yes  
 Sinusitis..... No Yes  
 Onset Date: \_\_\_\_\_  
 Comment: \_\_\_\_\_

**Neurological**

Multiple Sclerosis..... No Yes  
 Epilepsy..... No Yes  
 Cerebral Palsy..... No Yes  
 Tumor..... No Yes  
 Stroke, CVA..... No Yes  
 Migraine..... No Yes  
 Onset Date: \_\_\_\_\_  
 Comment: \_\_\_\_\_

**Psychiatric**

Depression..... No Yes  
 Nervousness/Panic Disorder..... No Yes  
 Schizophrenia..... No Yes  
 Attention Deficit..... No Yes  
 Anxiety Disorder..... No Yes  
 Bipolar Disorder..... No Yes  
 Onset Date: \_\_\_\_\_  
 Comment: \_\_\_\_\_

**Cardiovascular**

Heart Disease..... No Yes  
 High Blood Pressure..... No Yes  
 Stroke..... No Yes  
 Vascular Disease..... No Yes  
 Congestive Heart Failure..... No Yes  
 Onset Date: \_\_\_\_\_  
 Comment: \_\_\_\_\_

**Respiratory**

Asthma..... No Yes  
 Bronchitis..... No Yes  
 Emphysema..... No Yes  
 Cigarette Smoker..... No Yes  
 Chronic Obstruction..... No Yes  
 Sleep Apnea..... No Yes  
 Onset Date: \_\_\_\_\_  
 Comment: \_\_\_\_\_

**Gastrointestinal**

Crohn's Disease..... No Yes  
 Ulcer..... No Yes  
 Colitis  
 Acid Reflux  
 Celiac Disease  
 Onset Date: \_\_\_\_\_  
 Comment: \_\_\_\_\_

**Genitourinary**

Urinary Tract Infections..... No Yes  
 Kidney Disease..... No Yes  
 STDs (HIV, herpes, chlamydia)..... No Yes  
 Prostate Disease/Cancer  
 Pregnant  
 Nursing  
 Onset Date: \_\_\_\_\_  
 Comment: \_\_\_\_\_

**Musculoskeletal**

Arthritis..... No Yes  
 Fibromyalgia..... No Yes  
 Muscular Dystrophy..... No Yes  
 Ankylosing Spondylitis  
 Osteoporosis  
 Gout  
 Onset Date: \_\_\_\_\_  
 Comment: \_\_\_\_\_

**Integumentary**

Eczema..... No Yes  
 Rosacea..... No Yes  
 Psoriasis..... No Yes  
 Herpes Simplex/Cold Sores..... No Yes  
 Herpes Zoster/Shingles..... No Yes  
 Onset Date: \_\_\_\_\_  
 Comment: \_\_\_\_\_

**Endocrine**

Type 2 Diabetes..... No Yes  
 Type 1 Diabetes..... No Yes  
 Thyroid Dysfunction..... No Yes  
 Hormonal Dysfunction..... No Yes  
 Onset Date: \_\_\_\_\_  
 Comment: \_\_\_\_\_

**Hematologic/Lymphatic**

Anemia..... No Yes  
 Large Volume Blood Loss..... No Yes  
 Ulcer..... No Yes  
 Hypercholesteremia..... No Yes  
 Onset Date: \_\_\_\_\_  
 Comment: \_\_\_\_\_

**Allergic/Immunologic**

HIV/AIDS..... No Yes  
 Lupus..... No Yes  
 Environmental/Food Allergy..... No Yes  
 Rheumatoid Arthritis..... No Yes  
 Sjogrens Syndrome..... No Yes  
 Onset Date: \_\_\_\_\_  
 Comment: \_\_\_\_\_

## MEDICATION TABLE

\*If a medication list is available please provide, or have the front desk make a copy.

Medications and Supplements	For Condition	Dosage	Date Begun

## PATIENT DRUG ALLERGIES OR SENSITIVITIES

## SELF – OCULAR HISTORY

Date of previous eye exam: \_\_\_\_\_

Cataract..... No Yes	Injury to Eye or Head..... No Yes	Eye Infections..... No Yes
Glaucoma..... No Yes	Ocular Foreign Body Removed... No Yes	Other _____
Macular Degeneration..... No Yes	Explain _____	Eye Surgery..... No Yes
Blindness..... No Yes	Amblyopia (lazy eye)..... No Yes	Explain _____
Retinal Detachment..... No Yes	Strabismus (eye turn)..... No Yes	_____

## SOCIAL HISTORY

Circle one of the following

Alcohol Use: Never Rarely Moderate Daily

Tobacco Use: Never Previous Yes, Type: \_\_\_\_\_ How Often: \_\_\_\_\_

## FAMILY (blood relatives) HEALTH HISTORY

	Family Member		Family Member
Cataract..... No Yes	_____	Diabetes..... No Yes	_____
Glaucoma..... No Yes	_____	High Blood Pressure..... No Yes	_____
Macular Degeneration..... No Yes	_____	Heart Problems/Stroke.... No Yes	_____
Blindness..... No Yes	_____	Thyroid Problems..... No Yes	_____
Retinal Detachment..... No Yes	_____	Cancer..... No Yes	_____
Other _____	_____	Arthritis..... No Yes	_____

List any other Health Problems that run in your family \_\_\_\_\_